

- ◆ The overhead floating pivot creates a biomechanically correct motion. The range-of-motion (ROM) components allow exercising in various ranges. Dual hand grips allow both chest and deltoid exercises. The Jerai Fitness Pec Fly/Rear Delt provides a maximum weight of up to 165 lbs.

- ◆ **DIMENSION:**
Length : 60 inches / 152 cms
Width : 68 inches / 173 cms
Height : 82 inches / 208 cms
Weight Stack : 165lbs / 75kg

- ◆ **MUSCLE WORKED:**
Pectoralis Major
Anterior Deltoid
Posterior Deltoid

